

MOUNTAIN SOUTH WEIGHTLIFTING RECORD

THIS CERTIFIES THAT

Mathew Parento

HAS ESTABLISHED A NEW RECORD AT THE

YOUTH NATIONAL CHAMPIONSHIP
June 21, 2024 - Colorado Springs, CO

IN THE FOLLOWING CATEGORY & DIVISION

48KG YOUTH MEN U13

SNATCH

33kg
36kg

CLEAN & JERK

42kg
45kg

TOTAL

78kg
81kg



Amanda Cook

Amanda Cook - Mountain South President