

MOUNTAIN SOUTH WEIGHTLIFTING RECORD

THIS CERTIFIES THAT

Fred Le

HAS ESTABLISHED A NEW RECORD AT THE

YOUTH NATIONAL CHAMPIONSHIP
June 22, 2024 - Colorado Springs, CO

IN THE FOLLOWING CATEGORY & DIVISION

71KG YOUTH MEN 14-15



SNATCH

50kg

53kg

CLEAN & JERK

68kg

71kg

74kg

TOTAL

121kg

124kg

127kg

Amanda Cook

Amanda Cook - Mountain South President