

MOUNTAIN SOUTH WEIGHTLIFTING RECORD

THIS CERTIFIES THAT

Frederick Jurado

HAS ESTABLISHED A NEW RECORD AT THE

VIRUS Series 2
August 28, 2025 - Fort Worth, TX

IN THE FOLLOWING CATEGORY & DIVISION

71KG MASTERS MEN 35-39

SNATCH

63kg
66kg

CLEAN & JERK

88kg

TOTAL

154kg



Amanda Cook

Amanda Cook - Mountain South President