

MOUNTAIN SOUTH WEIGHTLIFTING RECORD

THIS CERTIFIES THAT

Brynn Naylor

HAS ESTABLISHED A NEW RECORD AT THE

VIRUS Weightlifting Finals
December 5, 2025 - Daytona Beach, FL

IN THE FOLLOWING CATEGORY & DIVISION

63KG JUNIOR WOMEN

SNATCH

CLEAN & JERK

TOTAL

73kg

131kg

76kg

133kg

136kg



Amanda Cook

Amanda Cook - Mountain South President