

MOUNTAIN SOUTH WEIGHTLIFTING RECORD

THIS CERTIFIES THAT

Maya Litt

HAS ESTABLISHED A NEW RECORD AT THE

VIRUS Weightlifting Series 1
March 6, 2026 - Columbus, OH

IN THE FOLLOWING CATEGORY & DIVISION

58KG JUNIOR WOMEN

SNATCH

CLEAN & JERK

TOTAL

85kg
88kg

153kg



Amanda Cook

Amanda Cook - Mountain South President