

MOUNTAIN SOUTH WEIGHTLIFTING RECORD

THIS CERTIFIES THAT

Maya Litt

HAS ESTABLISHED A NEW RECORD AT THE

VIRUS Weightlifting Series 1
March 6, 2026 - Columbus, OH

IN THE FOLLOWING CATEGORY & DIVISION

58KG YOUTH WOMEN 16-17

SNATCH

65kg

CLEAN & JERK

85kg
88kg

TOTAL

150kg
153kg



Amanda Cook

Amanda Cook - Mountain South President