

MOUNTAIN SOUTH BEST LIFTER

Leah Barros

RECOGNIZING THE TOP PERFORMANCE AT THE

MOUNTAIN SOUTH WSO CHAMPIONSHIP
October 18, 2025 - Albuquerque, NM

IN THE FOLLOWING DIVISION

JUNIOR WOMEN

CAT	BODYWEIGHT	TOTAL	SINCLAIR
63kg	62.83kg	122kg	160.416



Amanda Cook

Amanda Cook - Mountain South President