

# MOUNTAIN SOUTH BEST LIFTER

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## Michael McHenry

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RECOGNIZING THE TOP PERFORMANCE AT THE

**MOUNTAIN SOUTH WSO CHAMPIONSHIP**  
October 18, 2025 - Albuquerque, NM

IN THE FOLLOWING DIVISION

### MASTERS MEN

CAT	BODYWEIGHT	TOTAL	SMF
110kg	103.19kg	281kg	341.100



*Amanda Cook*

Amanda Cook - Mountain South President