

MOUNTAIN SOUTH BEST LIFTER

Maya Litt

RECOGNIZING THE TOP PERFORMANCE AT THE

MOUNTAIN SOUTH WSO CHAMPIONSHIP
October 18, 2025 - Albuquerque, NM

IN THE FOLLOWING DIVISION

YOUTH WOMEN U17

CAT	BODYWEIGHT	TOTAL	SINCLAIR
58kg	56.03kg	141kg	199.750



Amanda Cook

Amanda Cook - Mountain South President