

MOUNTAIN SOUTH BEST LIFTER

Bode Dahle

RECOGNIZING THE TOP PERFORMANCE AT THE

MOUNTAIN SOUTH WSO CHAMPIONSHIP
April 11 2026 - Salt Lake City, UT

IN THE FOLLOWING DIVISION

YOUTH MEN U13

CAT	BODYWEIGHT	TOTAL	Q-YOUTH
40kg	38.95kg	68kg	282.568



Amanda Cook

Amanda Cook - Mountain South President