

MOUNTAIN SOUTH WEIGHTLIFTING RECORD

THIS CERTIFIES THAT

Brynn Naylor

HAS ESTABLISHED A NEW RECORD AT THE

Mountain South WSO Championship
April 11, 2026 - Salt Lake City, UT

IN THE FOLLOWING CATEGORY & DIVISION

63KG JUNIOR WOMEN

SNATCH

63kg
67kg

CLEAN & JERK

78kg

TOTAL

142kg
145kg



Amanda Cook

Amanda Cook - Mountain South President