

MOUNTAIN SOUTH WEIGHTLIFTING RECORD

THIS CERTIFIES THAT

Lindsay Perrizo

HAS ESTABLISHED A NEW RECORD AT THE

Masters National Championship
April 12, 2026 - Salt Lake City, UT

IN THE FOLLOWING CATEGORY & DIVISION

77KG MASTERS WOMEN 35-39

SNATCH

75kg
78kg

CLEAN & JERK

90kg
94kg

TOTAL

168kg
172kg



Amanda Cook

Amanda Cook - Mountain South President