

MOUNTAIN SOUTH WEIGHTLIFTING RECORD

THIS CERTIFIES THAT

Tiffany Gutknecht

HAS ESTABLISHED A NEW RECORD AT THE

**Masters National Championship
April 10, 2026 - Salt Lake City, UT**

IN THE FOLLOWING CATEGORY & DIVISION

48KG MASTERS WOMEN 40-44

SNATCH

50kg

CLEAN & JERK

TOTAL

108kg



Amanda Cook

Amanda Cook - Mountain South President