

MOUNTAIN SOUTH WEIGHTLIFTING RECORD

THIS CERTIFIES THAT

Samantha Duome

HAS ESTABLISHED A NEW RECORD AT THE

**Masters National Championship
April 11, 2026 - Salt Lake City, UT**

IN THE FOLLOWING CATEGORY & DIVISION

77KG MASTERS WOMEN 40-44

SNATCH

CLEAN & JERK

TOTAL

49kg



Amanda Cook

Amanda Cook - Mountain South President