

2026 Mountain South WSO Championships - Combined Open Results

April 9-12, 2026 - Salt Lake City, UT

G	DIV	CAT	T	sn	cj	Lot	Name	Team		Body Wt.	Age	1st	2nd	3rd	1st	2nd	3rd	Total	QPoints Score	QMaster Qyouth	Sinclair	SHMF
OPEN WOMEN 48																						
F	W40	48	1	1	1	215	GUTKNECHT, Tiffany	PERFORMANCE ONE WEIGHTLIFTING	AZ	46.80	42	45	48	50	55	58	60	108	182.084	207.212	175.165	204.943
F	U15	44	2	2	2	1088	MULLENAUX, Lilly	POWER AND GRACE PERFORMANCE.	AZ	42.15	15	34	37	37	45	48	50	84	160.547	185.280	148.896	160.547
F	U13	40	3	3	3	447	BARTON, Brielle	POWER AND GRACE PERFORMANCE.	AZ	39.65	13	26	28	30	35	38	66	138.790	175.201	123.650	138.790	
F	U11	33	4	4	4	856	YATES, Ella	Kingman Barbell Club	AZ	31.55	11	22	24	26	30	32	36	62	260.155	228.638	146.129	N/A
F	U11	33	5	5	5	1074	PALMER, Gianna	POWER AND GRACE PERFORMANCE.	AZ	32.75	11	21	23	25	31	33	35	58	203.779	208.209	131.350	N/A
F	U11	40	6	6	6	798	GRENKO, Pepper		UT	38.60	9	14	15	18	20	21	36	79.506	137.140	69.160	N/A	
OPEN WOMEN 53																						
F	U17	53	1	1	1	736	REINERS, Bria	PERFORMANCE ONE WEIGHTLIFTING	AZ	52.10	16	37	40	43	47	50	53	93	142.588	154.614	138.781	142.588
F	U13	53	2	3	2	1042	STULL, Marie (Paige)	POWER AND GRACE PERFORMANCE.	AZ	51.50	13	32	34	36	44	47	50	84	129.956	173.764	126.435	129.956
F	W60	53	3	2	4	267	DIFELICE, Beth	PERFORMANCE ONE WEIGHTLIFTING	AZ	52.40	60	35	37	37	45	47	47	82	125.175	213.297	121.849	207.752
F	W60	53	4	4	3	558	WEIL, Elizabeth	MILLER WEIGHTLIFTING	NM	51.10	60	31	33	35	46	48	50	81	126.096	214.868	122.635	209.093
F	U15	53	5	5	5	1011	MARINI, Harper	POWER AND GRACE PERFORMANCE.	AZ	50.25	14	24	26	26	35	37	40	63	99.438	122.439	96.605	99.438
OPEN WOMEN 58																						
F	JR	58	1	1	2	502	MANNING, Marlie		UT	57.10	20	62	65	68	75	79	82	150	215.931	215.931	209.770	
F	W40	58	2	2	1	887	BENNETT, Patricia	Sanctuary Barbell	AZ	57.10	40	62	65	67	81	84	87	149	214.491	237.656	208.371	237.127
F	U17	58	3	4	3	344	HUBER, Brinlee	POWER AND GRACE PERFORMANCE.	AZ	53.55	16	57	60	62	73	73	76	135	202.813	218.345	197.457	202.813
F	W40	58	4	5	4	1001	GLUHAK, Tea	Bexar Barbell	UT	56.75	44	58	58	61	68	71	71	129	186.411	218.660	181.157	218.294
F	OPEN	58	5	3	5	582	DOMINGUEZ, Alejandra	Broken Record Barbell	UT	56.40	34	61	62	62	67	67	69	128	185.688	185.688	180.514	
F	W50	58	6	6	6	1085	JONES, Soupna	CALAVERA BARBELL	NV	56.70	50	49	51	53	60	63	67	118	170.610	225.376	165.809	222.184
F	OPEN	58	7	7	7	941	WILLIAMSON, Abby	Broken Record Barbell	UT	54.80	25	47	49	49	61	63	65	114	168.531	168.531	164.020	
F	OPEN	58	8	9	8	605	GARDEA, Arryanna	Strength Academy Weightlifting	NM	57.30	25	37	37	39	55	58	60	99	142.208	142.208	138.121	
F	U15	58	9	8	10	311	OLSEN, Audrina	Praxis Weightlifting	UT	55.00	14	39	41	43	51	53	55	98	144.521	176.832	140.639	144.521
F	W55	58	10	10	9	234	LOPEZ, Lucille	Able Strength Weightlifting	NM	56.40	58	36	36	38	53	56	58	94	136.365	220.502	132.565	215.418
F	W45	58	11	11	11	44	NECHIPORENKO, Claire		AZ	56.05	46	35	36	38	43	45	46	79	115.061	139.915	111.889	139.190
OPEN WOMEN 63																						
F	OPEN	63	1	2	1	143	COCKER, Kayla	POWER AND GRACE PERFORMANCE.	AZ	59.55	32	77	80	82	89	92	95	172	241.547	241.547	233.931	
F	OPEN	63	2	3	2	857	VILLARREAL, Natalia	Praxis Weightlifting	UT	62.15	21	66	69	72	87	88	91	157	215.467	215.467	207.824	
F	JR	63	3	4	3	501	NAYLOR, Brynn	POWER AND GRACE PERFORMANCE.	AZ	61.30	18	63	66	67	75	78	82	145	200.435	200.435	193.595	
F	JR	63	4	5	4	1051	BURROWS, Maia	LAS VEGAS BARBELL	NV	61.80	19	55	58	58	72	75	77	133	183.064	183.064	176.673	
F	W35	63	5	8	5	499	VEZINA, Natalie Jean	Sanctuary Barbell	AZ	61.50	39	52	55	56	72	75	78	131	180.772	198.126	174.546	196.190
F	OPEN	63	6	9	6	73	DUMITY, Alexa	PERFORMANCE ONE WEIGHTLIFTING	AZ	61.36	34	55	60	61	67	70	74	129	178.226	178.226	172.127	
F	W35	63	7	7	7	207	PRICE, Meredith		UT	60.75	35	56	58	60	63	65	67	127	176.401	185.574	170.531	182.809
F	W45	63	8	6	8	401	ALDAN, Catherine	LAS VEGAS BARBELL	NV	60.90	45	57	59	61	53	58	58	119	165.070	197.094	159.539	195.117
F	U15	63	9	10	9	510	BLACKHURST, Kaiya	POWER AND GRACE PERFORMANCE.	AZ	59.85	15	45	47	50	60	64	67	114	159.645	179.501	154.544	159.645
F	W35	63	10	12	10	263	WINCHELL, Rachel	Kingman Barbell Club	AZ	61.15	35	50	50	54	55	60	65	110	152.252	160.169	147.092	157.683
F	JR	63	11	11	12	564	BARROS, Leah	Sanctuary Barbell	AZ	62.50	20	45	48	51	55	58	61	109	149.162	149.162	143.786	
F	W50	63	12	13	11	889	MONTALBANO, Deanna		AZ	60.85	53	42	44	46	58	61	64	105	145.714	206.769	140.843	202.110
F	W65	63	13	14	13	1070	KOROTKIN, Tierney		NV	61.30	65	37	39	40	48	51	51	88	121.643	236.231	117.492	220.063
F	OPEN	63	DNF	1	DNF	680	LE, Grace	Praxis Weightlifting	UT	60.45	23	78	81	83	100	100	101	DNF	-	DNF	-	

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												1st	2nd	3rd	1st	2nd	3rd					
OPEN WOMEN 69																						
F	OPEN	69	1	1	302	ANDERSON, Addie	Zion Barbell	UT	67.55	23	90	90	92	113	115	120	207	273.051	273.051	260.850		
F	W50	69	2	2	394	CLOUSE, Jenny	PERFORMANCE ONE WEIGHTLIFTING	AZ	64.60	51	75	78	78	88	88	90	168	226.186	305.804	217.235	0.000	
F	OPEN	69	3	4	685	GIRALDE, Maggie	Kingman Barbell Club	AZ	67.65	31	63	65	69	86	90	93	159	209.598	209.598	200.197		
F	JR	69	4	5	4	TRENDLER, Samantha	PERFORMANCE ONE WEIGHTLIFTING	AZ	67.90	19	63	65	67	75	80	85	150	197.416	197.416	188.475		
F	OPEN	69	5	3	7	REMICK, Quinnie	Sanctuary Barbell	AZ	68.10	26	63	66	69	77	77	80	146	191.906	191.906	183.148		
F	OPEN	69	6	6	5	BENNETT, Pilar	MILLER WEIGHTLIFTING	NM	68.50	34	61	64	67	77	80	82	146	191.422	191.422	182.554		
F	W35	69	7	7	6	WALKER, Blake	Kingman Barbell Club	AZ	66.70	37	60	64	67	76	79	82	143	189.695	203.542	181.498	199.104	
F	OPEN	69	8	8	9	BROWN, Charelle	Strength Academy Weightlifting	NM	68.75	30	60	60	63	73	73	74	134	175.415	175.415	167.214		
F	OPEN	69	9	12	8	KASH, Heather	Kingman Barbell Club	AZ	67.95	34	52	55	59	65	69	75	130	171.039	171.039	163.278		
F	W35	69	10	11	10	TURCOTT, Brittany	Sanctuary Barbell	AZ	68.35	35	51	54	56	70	73	75	129	169.292	178.096	161.494	173.121	
F	W35	69	11	9	14	BELOW, Elizabeth		AZ	66.10	38	53	55	58	63	66	70	128	170.494	184.815	163.305	181.268	
F	W40	69	12	10	12	BLANTON, Erica	LAS VEGAS BARBELL	NV	69.00	44	55	56	58	70	71	73	127	165.995	194.712	158.163	190.587	
F	W50	69	13	15	11	BRUNO, Maria	EAST COAST GOLD W/L TEAM	NV	63.35	50	47	49	50	67	71	73	118	160.386	211.870	154.379	206.868	
F	W40	69	14	17	13	ROBERTS, Sarah		AZ	65.20	44	40	43	46	65	68	71	117	156.835	183.967	150.466	181.312	
F	W55	69	15	13	16	1046 TETRAULT, Linda	MILLER WEIGHTLIFTING	NM	68.10	59	45	48	50	57	60	63	113	148.530	246.560	141.752	236.017	
F	OPEN	69	16	14	17	527 CUNNINGHAM, Makenna	PERFORMANCE ONE WEIGHTLIFTING	AZ	67.00	21	40	44	49	58	61	63	112	148.274	148.274	141.790		
F	W35	69	17	16	15	1069 YATES, Richelle	Kingman Barbell Club	AZ	64.60	35	47	47	47	58	61	65	112	150.791	158.632	144.823	155.251	
F	OPEN	69	18	18	18	346 BREIT, Holly		UT	68.05	22	34	39	42	52	57	58	100	131.484	131.484	125.495		
F	OPEN	69	19	20	19	256 SHUTIVA, Aliyah		NM	64.60	27	34	38	38	47	52	53	91	122.518	122.518	117.669		
F	JR	69	20	19	21	217 HANSEN, Savannah	PERFORMANCE ONE WEIGHTLIFTING	AZ	64.70	18	35	38	42	45	47	50	85	114.355	114.355	109.810		
F	W40	69	21	21	20	115 LOWRY, Lindsay	Kingman Barbell Club	AZ	66.60	44	33	35	35	42	45	48	83	110.177	129.238	105.436	127.050	
F	W55	69	22	22	22	487 GILBERT, Leslee	MILLER WEIGHTLIFTING	NM	67.80	55	29	31	33	38	40	42	71	93.504	139.694	89.285	134.553	
F	U17	69	23	24	23	99 JACKSON, Mercedes	POWER AND GRACE PERFORMANCE.	AZ	63.65	17	25	27	28	35	37	39	67	90.855	90.204	87.406	90.855	
F	W35	69	24	23	24	622 STEVENS, Christa	Kingman Barbell Club	AZ	67.45	35	26	29	30	33	34	37	67	88.436	93.035	84.500	90.584	
OPEN WOMEN 77																						
F	W35	77	1	1	833	RASMUSSEN, Katrina		UT	73.90	39	82	82	86	107	111	114	196	249.233	273.160	235.470	264.669	
F	OPEN	77	2	2	208	PICKETT, Chloe	Praxis Weightlifting	UT	75.55	21	78	81	81	100	103	106	181	228.268	228.268	215.094		
F	W35	77	3	3	971	PERRIZO, Lindsay	PERFORMANCE ONE WEIGHTLIFTING	AZ	74.20	38	75	78	78	90	94	100	172	218.380	236.724	206.220	228.904	
F	OPEN	77	4	4	4	543 LARSEN, Berkeley		UT	70.05	26	67	67	71	87	91	94	165	214.305	214.305	203.811		
F	OPEN	77	5	5	5	665 WAGNER, Cat		AZ	76.05	21	63	65	68	80	84	89	157	197.523	197.523	185.979		
F	W35	77	6	6	6	926 MCMASTERS, Hannah		AZ	74.55	35	60	62	66	78	83	87	153	193.913	203.996	183.012	196.188	
F	W35	77	7	7	7	674 RAKOSKI, Brianna	Broken Record Barbell	UT	72.75	35	65	67	67	81	83	83	148	189.334	199.179	179.221	192.125	
F	OPEN	77	8	9	8	72 BAKER, Sarah	Praxis Weightlifting	UT	72.50	29	57	57	60	78	83	83	135	172.935	172.935	163.768		
F	JR	77	9	8	9	409 UDALL, Mayli	PERFORMANCE ONE WEIGHTLIFTING	AZ	75.80	18	55	58	58	65	68	72	130	163.751	163.751	154.240		
F	JR	77	10	10	10	836 THORPE, Chloe	PERFORMANCE ONE WEIGHTLIFTING	AZ	74.40	18	53	56	58	64	67	70	126	159.814	159.814	150.866		
F	W50	77	11	11	11	549 BARKER, Amber		UT	71.15	50	49	51	53	66	69	72	122	157.452	207.994	149.452	200.266	
F	W40	77	12	12	13	881 SHADE, Jocelyn Shalaya		NM	74.20	44	50	53	55	58	62	65	118	149.819	175.737	141.476	170.479	
F	OPEN	77	13	15	12	381 THOMPSON, Dani	Broken Record Barbell	UT	75.65	34	46	48	50	62	64	67	115	144.962	144.962	136.574		
F	W40	77	14	14	14	148 DUOME, Samantha	LAS VEGAS BARBELL	NV	74.80	43	47	49	51	62	65	68	114	144.303	166.670	136.136	161.594	
F	W40	77	15	13	15	1058 LIVINGSTON, Christy		UT	74.45	40	50	53	53	57	60	63	113	143.289	158.764	135.255	153.920	
F	U17	77	16	16	16	398 BURY, Taylor	PERFORMANCE ONE WEIGHTLIFTING	AZ	69.50	17	40	43	45	52	55	59	104	135.520	135.530	129.011	135.520	
F	OPEN	77	17	18	17	228 SELLERS, Hannah	Praxis Weightlifting	UT	72.25	24	35	38	40	55	58	60	93	119.294	119.294	113.019		
F	JR	77	18	17	18	944 LARSEN, Annie		UT	71.00	18	37	40	41	50	52	52	93	120.127	120.127	114.054		
F	W65	77	19	19	19	785 KUUSELA, Heather	PERFORMANCE ONE WEIGHTLIFTING	AZ	74.70	67	27	29	31	40	43	46	74	93.717	192.308	88.427	172.257	
F	W40	77	20	20	20	550 SILVA, JerriDine		NM	76.35	43	26	28	31	36	39	42	73	91.711	105.926	86.311	102.451	

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OPEN WOMEN 86																						
F	OPEN	86	1	1	1	791	LANDA, Kaylee	POWER AND GRACE PERFORMANCE.	AZ	84.75	21	86	90	94	108	112	115	209	253.428	253.428	235.947	
F	W40	86	2	2	2	1045	COOK, Amanda	CALAVERA BARBELL	AZ	81.85	44	83	87	88	100	105	105	193	236.696	277.644	221.087	266.410
F	OPEN	86	3	3	3	291	KESSLER-LEWIS, Emily	TEAM WESTERN NEW YORK	NM	84.30	31	80	83	84	90	95	100	179	217.422	217.422	202.520	
F	W35	86	4	5	4	170	DAVIS, Rachael		UT	77.30	35	57	58	62	73	76	79	141	176.355	185.525	165.736	177.669
F	W40	86	5	4	6	359	HERNANDEZ, Paige	CALAVERA BARBELL	AZ	84.90	42	58	61	64	68	71	74	138	167.241	190.320	155.681	182.147
F	W45	86	6	6	5	709	PRATT, Genevieve		UT	78.25	45	53	55	57	70	75	75	130	161.896	193.304	151.939	185.821
F	W65	86	7	7	7	930	GRIJALVA, Lenore	Sanctuary Barbell	AZ	82.65	66	32	32	34	42	45	45	77	94.130	187.884	87.840	167.686
F	W60	86	8	8	8	62	MINER, Alise	LAS VEGAS BARBELL	NV	83.65	63	25	27	29	34	37	40	67	81.585	150.198	76.047	137.492
OPEN WOMEN 86+																						
F	OPEN	86+	1	1	1	757	LEVY, Malia	Praxis Weightlifting	UT	122.05	21	86	86	90	111	116	121	206	224.586	224.586	209.790	
F	W35	86+	2	3	2	525	GOODMAN, Erin		UT	89.45	36	62	64	64	80	84	88	152	181.233	192.651	168.035	182.150
F	W35	86+	3	2	3	879	ROBACK, Lauren	LAS VEGAS BARBELL	NV	93.05	37	62	65	65	81	84	85	146	172.028	184.586	159.146	174.583
F	W45	86+	4	5	4	51	BLACK, jana	Circle X Barbell	UT	97.75	46	46	48	50	65	67	70	120	139.370	169.474	128.717	160.124
F	W50	86+	5	4	5	595	BETHEA, Kirsten	PERFORMANCE ONE WEIGHTLIFTING	AZ	88.50	54	43	47	50	58	61	63	111	132.781	193.330	123.201	181.105
F	OPEN	86+	6	6	6	285	RULLODA, Rhianna	Sanctuary Barbell	AZ	105.20	24	41	43	45	43	45	47	88	100.084	100.084	92.440	

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												1st	2nd	3rd	1st	2nd	3rd					
OPEN MEN 60																						
M	M35	60	1	1	1	804	FUNG, Kisente		UT	58.75	38	75	78	80	95	97	100	175	309.987	309.987	273.471	303.279
M	U13	40	2	2	2	630	DAHLE, Bode	POWER AND GRACE PERFORMANCE.	AZ	38.95	12	29	31	32	34	36	39	68	282.568	282.568	152.422	302.795
M	U11	48	3	3	3	1068	VAN VLEET, Barrett	Kingman Barbell Club	AZ	47.95	10	20	22	24	28	30	33	57	288.717	288.717	105.056	N/A
M	U11	36	4	4	4	48	HERNANDEZ, Payton	CALAVERA BARBELL	NV	34.30	11	13	14	16	17	19	21	35	182.326	182.326	89.617	N/A
OPEN MEN 65																						
M	U15	65	1	1	1	556	HERNANDEZ, Jordan	CALAVERA BARBELL	NV	63.75	15	68	71	75	88	93	95	166	318.435	318.435	244.531	250.815
M	JR	65	2	2	2	517	WEATBROOK, spencer		UT	62.35	19	68	71	75	85	89	92	160	246.315	246.315	239.408	
M	U17	65	3	3	3	714	BATT, Talon	POWER AND GRACE PERFORMANCE.	AZ	64.20	17	60	62	62	82	82	85	145	233.056	233.056	212.554	217.839
M	U17	65	4	4	4	252	BATT, Ryker	POWER AND GRACE PERFORMANCE.	AZ	62.70	17	58	61	61	79	82	84	140	230.695	230.695	208.651	214.490
OPEN MEN 71																						
M	M40	71	1	1	1	243	BYBEE, William	LAS VEGAS BARBELL	NV	70.60	44	107	110	110	120	130	131	230	374.431	374.431	316.564	376.395
M	JR	71	2	2	2	1064	HERNANDEZ, Maddux	CALAVERA BARBELL	NV	67.05	18	85	90	95	105	113	120	203	295.051	295.051	288.924	
M	M35	71	3	3	3	75	BAGGAO, Adam		NM	70.30	39	80	85	85	110	115	116	195	301.857	301.857	269.118	301.950
M	M55	71	4	4	4	414	BRAMWELL, Eric	POWER AND GRACE PERFORMANCE.	AZ	70.30	56	68	73	76	98	103	107	183	354.359	354.359	252.557	356.358
M	M50	71	5	5	5	706	BARCLAY, Sean	CALAVERA BARBELL	NV	69.25	50	70	73	76	80	85	90	166	294.198	294.198	231.315	295.852
M	M75	71	6	6	6	444	WEINGARTEN, Nicholas	MILLER WEIGHTLIFTING	NM	68.85	75	45	48	51	53	56	59	110	326.919	326.919	153.857	325.715
OPEN MEN 79																						
M	OPEN	79	1	2	1	586	WALBYE, Jack	Waxman's Gym	UT	78.40	28	115	120	125	145	150	155	275	363.518	363.518	355.419	
M	OPEN	79	2	1	3	133	CHIU, Alden	Zion Barbell	UT	77.95	24	117	120	125	145	151	153	270	357.966	357.966	350.103	
M	JR	79	3	4	2	69	MICELA, Antonino	PERFORMANCE ONE WEIGHTLIFTING	AZ	77.50	18	105	110	115	140	145	150	265	352.396	352.396	344.761	
M	OPEN	79	4	3	4	546	SANDOVAL, Rolando	MILWAUKEE BARBELL WEIGHTLIFTING CLUB	UT	77.80	34	110	115	117	130	135	135	245	325.145	325.145	318.036	
M	M40	79	5	5	5	151	PERUSSO, Douglas	Born Again Weightlifting	NV	78.70	41	101	104	107	126	126	126	230	341.070	341.070	296.617	340.813
M	OPEN	79	6	8	6	355	LOPEZ, Benjamin		AZ	77.20	21	87	91	96	114	117	121	217	289.154	289.154	282.945	
M	M35	79	7	7	7	1047	HARRISON, Corey	LAS VEGAS BARBELL	NV	74.05	35	93	96	97	116	116	117	214	306.942	306.942	285.980	306.571
M	M45	79	8	6	8	325	HERNANDEZ, Carlos	CALAVERA BARBELL	NV	78.75	45	90	93	97	105	115	-	212	327.977	327.977	273.306	328.787
M	OPEN	79	9	9	9	900	PIERPOINT, David		AZ	78.80	25	84	88	91	109	110	110	198	261.057	261.057	255.166	
M	OPEN	79	10	10	10	179	Li, Lee		UT	73.00	27	85	88	92	100	100	105	193	265.342	265.342	260.165	
M	M35	79	11	11	11	539	SALERNO, Daniel		UT	78.45	35	81	84	87	98	98	98	182	253.011	253.011	235.138	252.068
M	OPEN	79	12	12	12	708	MILITANTE, Nathan	CALAVERA BARBELL	NV	76.15	31	67	69	71	95	98	101	167	224.163	224.163	219.491	
M	M75	79	13	13	13	715	MATTHEWS, Alvin	LAS VEGAS BARBELL	NV	78.15	76	42	44	44	50	53	56	98	277.550	277.550	126.889	276.744
M	M90	79	14	14	14	541	FASSETT, James	MILLER WEIGHTLIFTING	NM	76.50	93	12	13	14	15	16	17	31	184.421	184.421	40.635	182.572
OPEN MEN 88																						
M	OPEN	88	1	1	1	898	JOHNSSON, Jacob	Waxman's Gym	UT	84.25	28	115	120	125	145	150	155	280	357.635	357.635	347.964	
M	OPEN	88	2	3	2	962	SOUVALL, Alexander	Waxman's Gym	UT	83.60	33	115	120	120	145	150	155	270	346.064	346.064	336.904	
M	OPEN	88	3	5	3	787	BLACKMORE, Tyler		UT	86.30	27	109	113	117	139	139	143	256	323.566	323.566	314.226	
M	OPEN	88	4	2	5	238	SILVESTRINI, Luca	Sanctuary Barbell	AZ	87.65	22	113	117	121	128	132	140	249	312.663	312.663	303.260	
M	M40	88	5	4	6	822	SMITH, Curtiss	Circle X Barbell	UT	86.35	41	108	111	114	130	132	132	244	346.555	346.555	299.408	344.020
M	OPEN	88	6	7	4	391	AMERSON, David	Sanctuary Barbell	AZ	82.65	25	101	104	107	125	130	134	238	306.646	306.646	298.781	
M	OPEN	88	7	6	7	472	BLACK, Logan		UT	85.25	21	100	105	110	130	131	137	236	299.870	299.870	291.495	
M	M35	88	8	8	8	297	ALVARADO, Mannie		UT	85.65	37	94	98	101	114	118	120	215	293.351	293.351	264.919	290.352
M	JR	88	DNF	ext	ext	262	PETERSEN, Sam	WEBER STATE WEIGHTLIFTING	UT	80.75	19	80	85	85	110	114	114	199	259.227	259.227	252.989	
M	OPEN	88	9	9	9	607	CHAE, Hyunho		UT	81.35	25	85	85	90	105	110	112	195	253.117	253.117	246.902	
M	M45	88	10	10	10	279	LUND, Brandon		UT	85.70	47	80	85	88	95	100	105	185	281.670	281.670	227.886	280.983
M	OPEN	88	11	11	11	890	PRITCHETT, Isaac		UT	86.25	34	70	74	74	93	93	98	172	217.450	217.450	211.183	
M	OPEN	88	12	12	12	425	AKOBI, Moulero	Sanctuary Barbell	AZ	79.55	30	70	73	73	86	86	91	164	215.205	215.205	210.229	
M	M60	88	13	13	13	437	DERKINDEREN, Joseph	Able Strength Weightlifting	NM	84.60	61	50	52	54	62	64	67	121	232.015	232.015	150.046	231.221

2026 Mountain South WSO Championships - Combined Open Results

April 9-12, 2026 - Salt Lake City, UT

G	DIV	CAT	T	sn	cj	Lot	Name	Team		Body Wt.	Age	1st	2nd	3rd	1st	2nd	3rd	Total	QPoints Score		Sinclair	SMF	
OPEN MEN 94																							
M	OPEN	94	1	1	1	611	MOUSA, malek	Strength Academy Weightlifting	NM	92.80	30	128	134	138	175	180	180	313	384.193	384.193	370.909		
M	OPEN	94	2	2	2	272	DENT, Spencer		UT	93.95	22	125	130	135	150	155	161	285	348.201	348.201	335.830		
M	OPEN	94	3	5	3	863	MULLEN, Joshua		UT	92.20	21	97	100	105	132	137	142	242	297.782	297.782	287.637		
M	OPEN	94	4	3	4	191	LEWIS, Jacob	Waxman's Gym	UT	93.70	22	101	105	105	130	134	135	231	282.508	282.508	272.529		
M	OPEN	94	5	4	5	240	SAWDON, Riley		NV	92.80	22	100	100	101	120	126	126	221	271.267	271.267	261.888		
M	M55	94	6	6	7	1035	GREDING, Thomas	Standard Strength	UT	92.70	58	88	97	101	105	111	117	208	363.966	363.966	246.606	360.537	
M	M35	94	7	8	6	340	PATOCKA, Brad	CALAVERA BARBELL	NV	92.10	37	73	78	81	105	112	117	195	258.292	258.292	231.891	254.152	
M	OPEN	94	8	7	8	204	FRANCOM, Noah	Praxis Weightlifting	UT	92.00	27	78	81	81	100	102	105	183	225.371	225.371	217.731		
M	OPEN	94	9	9	9	222	GIRALDE, Andrew	Kingman Barbell Club	AZ	92.05	33	72	75	78	90	95	101	179	220.398	220.398	212.918		
M	M35	94	10	10	10	553	MCPHEETERS, Logan	WEBER STATE WEIGHTLIFTING	UT	92.75	36	61	63	66	81	84	87	153	199.860	199.860	181.352	196.404	
OPEN MEN 110																							
M	JR	110	1	1	1	156	WAGNER, August	PERFORMANCE ONE WEIGHTLIFTING	AZ	101.90	20	140	145	150	170	175	180	320	379.863	379.863	364.175		
M	M35	110	2	2	2	1082	BERROTERAN, Jordan	Strength Academy Weightlifting	UT	106.70	36	136	142	147	170	171	178	313	389.396	389.396	349.896	378.937	
M	M35	110	3	3	3	953	MCHENRY, Michael		NM	102.35	36	124	129	133	152	157	162	290	365.740	365.740	329.450	356.795	
M	OPEN	110	4	4	4	160	STEPHEN, Andrew		UT	101.90	28	105	110	115	140	145	150	265	314.574	314.574	301.583		
M	M40	110	5	7	5	1021	BOND, Brian	POWER AND GRACE PERFORMANCE.	UT	107.65	44	95	98	101	131	136	136	237	320.539	320.539	264.067	313.975	
M	M35	110	6	5	8	681	WATKINS, Richard		AZ	101.35	39	107	108	112	117	121	125	233	304.803	304.803	265.746	298.167	
M	JR	110	7	6	7	770	STAFFIERI, Camden		UT	99.50	18	95	100	103	120	125	128	231	276.456	276.456	265.473		
M	OPEN	110	8	8	6	301	FINDLAY, Tyler		UT	107.35	28	90	95	100	120	125	130	230	268.404	268.404	256.531		
M	OPEN	110	9	9	9	874	STEVENSON, Ryan		UT	108.45	27	90	95	97	115	115	121	218	253.578	253.578	242.239		
M	M35	110	10	10	10	304	HUNTER, Ben	PERFORMANCE ONE WEIGHTLIFTING	AZ	107.45	36	75	80	85	100	105	105	185	229.639	229.639	206.269	223.390	
M	M35	110	11	11	11	25	MISSNER, Logan	WEBER STATE WEIGHTLIFTING	AZ	103.00	37	70	74	78	98	102	104	182	231.632	231.632	206.238	226.037	
M	M45	110	12	12	12	462	PETERSEN, Spencer		UT	102.65	49	65	70	75	95	100	105	175	254.889	254.889	198.574	250.799	
M	OPEN	110	DNF	DNF	DNF	945	HUNT, Devan		Waxman's Gym	UT	97.70	26	111	111	111	-	-	-	DNF	DNF	DNF	-	-
M	M35	110	DNF	3	DNF	446	BRIDGER, John		Alee Athletics	AZ	104.60	36	105	110	115	133	133	133	DNF	DNF	DNF	-	-
M	M40	110	DNF	DNF	2	846	VILLALOBOS, Melquiades		Sanctuary Barbell	AZ	104.95	42	80	80	80	112	116	116	DNF	DNF	DNF	-	-
OPEN MEN 110+																							
M	OPEN	110+	1	1	1	542	PAXMAN, Jacob	Waxman's Gym	UT	152.35	26	120	125	125	165	175	-	295	310.585	310.585	300.367		
M	M45	110+	2	2	4	699	WALLS, Chris	CROSSFIT FORT VANCOUVER BARBELL CLUB	NM	127.15	46	110	115	117	135	142	146	263	346.236	346.236	278.008	338.614	
M	OPEN	110+	3	4	2	734	DUONG, Alan-Nghia	Strength Academy Weightlifting	NM	114.60	29	90	97	102	153	158	163	260	297.320	297.320	283.439		
M	M40	110+	4	3	5	120	CASTILLO, Pablo	Strength Academy Weightlifting	NM	136.55	40	108	112	112	145	145	152	253	305.711	305.711	262.869	298.356	
M	JR	110+	5	5	3	36	BARRIOS, Johnny	Sun Devil Weightlifting	AZ	139.15	19	100	106	111	130	140	150	250	270.198	270.198	258.709		
M	M50	110+	6	6	6	440	SCHWARTZ, Eric		AZ	122.05	50	92	97	99	115	121	126	218	305.103	305.103	233.066	298.092	



2026 Mountain South Championship

MENS TEAM RESULTS

4/12/2026



MENS CLUB CHAMPIONSHIP

Per current 2026 USAW Team Scoring Procedure at National Meets

- RULES:**
- 1. Top 5 Athlete Placement by Club from Open Division*
 - 2. No More than 2 Athletes per Weight Category*
 - 3. IWF Scoring Table applies*

PLACE	POINTS	TEAM
1	131	Waxman's Gym
2	115	Calavera Barbell
3	111	Power & Grace Performance
4	96	Strength Academy Weightlifting
5	67	Performance One Weightlifting
6	60	Las Vegas Barbell
7	56	Sanctuary Barbell
8	40	Kingman Barbell Club
9	32	Miller Weightlifting
10	30	Weber State Weightlifting
11	25	CrossFit Fort Vancouver
12	25	Zion Barbell
13	22	Milwaukee Barbell Weightlifting Club
14	21	Circle X Barbell
15	21	Born Again Weightlifting
16	21	Sun Devil Weightlifting
17	20	Standard Strength
18	18	Praxis Weightlifting
19	13	Able Strength Weightlifting



2026 Mountain South Championship

WOMENS TEAM RESULTS

4/12/2026



WOMENS CLUB CHAMPIONSHIP

Per current 2026 USAW Team Scoring Procedure at National Meets

- RULES:**
1. Top 5 Athlete Placement by Club from Open Division
 2. No More than 2 Athletes per Weight Category
 3. IWF Scoring Table applies

PLACE	POINTS	TEAM
1	129	Power & Grace Performance
2	127	Performance One Weightlifting
3	106	Sanctuary Barbell
4	97	Kingman Barbell Club
5	95	Las Vegas Barbell
6	72	Broken Record Barbell
7	66	Calavera Barbell
8	57	Miller Weightlifting
9	36	Strength Academy Weightlifting
10	28	Zion Barbell
11	23	Team Western New York
12	22	Circle X Barbell
13	22	Bexar Barbell
14	16	Able Strength Weightlifting
15	13	East Coast Gold