

MOUNTAIN SOUTH WEIGHTLIFTING RECORD

THIS CERTIFIES THAT

Canon Gilmore

HAS ESTABLISHED A NEW RECORD AT THE

USAW YOUTH NATIONAL CHAMPIONSHIP
June 21, 2026 - Colorado Springs, CO

IN THE FOLLOWING CATEGORY & DIVISION

60KG YOUTH MEN U13

SNATCH

CLEAN & JERK

TOTAL

54kg



Amanda Cook

Amanda Cook - Mountain South President