

MOUNTAIN SOUTH WEIGHTLIFTING RECORD

THIS CERTIFIES THAT

Lilly Mullenau

HAS ESTABLISHED A NEW RECORD AT THE

USAW YOUTH NATIONAL CHAMPIONSHIP
June 21, 2026 - Colorado Springs, CO

IN THE FOLLOWING CATEGORY & DIVISION

44KG YOUTH WOMEN 14-15

SNATCH

36kg
38kg
41kg

CLEAN & JERK

51kg

TOTAL

89kg
92kg



Amanda Cook

Amanda Cook - Mountain South President

