

MOUNTAIN SOUTH WEIGHTLIFTING RECORD

THIS CERTIFIES THAT

Maya Litt

HAS ESTABLISHED A NEW RECORD AT THE

USAW YOUTH NATIONAL CHAMPIONSHIP
June 22, 2026 - Colorado Springs, CO

IN THE FOLLOWING CATEGORY & DIVISION

58KG YOUTH WOMEN 16-17

SNATCH

CLEAN & JERK

TOTAL

66kg



Amanda Cook

Amanda Cook - Mountain South President