

MOUNTAIN SOUTH WEIGHTLIFTING RECORD

THIS CERTIFIES THAT

Delaney Brown

HAS ESTABLISHED A NEW RECORD AT THE

USAW YOUTH NATIONAL CHAMPIONSHIP
June 22, 2026 - Colorado Springs, CO

IN THE FOLLOWING CATEGORY & DIVISION

69KG YOUTH WOMEN 16-17

SNATCH

56kg
60kg

CLEAN & JERK

73kg

TOTAL

133kg



Amanda Cook

Amanda Cook - Mountain South President